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Primary Care Connect

THE WEEKLY PRIMARY CARE UPDATE FOR
HAMPSHIRE AND THE ISLE OF WIGHT

Issue 10 | 28 July 2021

Dear colleagues,

More than 20,000 patients across Hampshire and the Isle of Wight have been referred to the NHS Diabetes Prevention Programme (NDPP). Of those, about 14,000 have started on the programme, which supports people to reduce the risk of developing Type 2 diabetes.

And it works! On average a person on the programme loses more than 6kg at six months and 4kg at nine months - they feel better and decrease their risk of developing Type 2 diabetes. The programme is evidence-based and provides support with healthier eating, managing weight and increasing physical activity.



There a number of ways you can get involved to help support patients manage their risk of developing Type 2 diabetes.

- Attend the [NDPP National Webinar on Tuesday 3 August](#) from 1pm to 1.45pm. All your NDPP questions will be answered. [You can register online](#)
- **Consider undertaking an Hba1c or FPG in appropriate patients** when they present to you for any reason. If the result shows non-diabetic hyperglycaemia (NDH - Hba1c 42 and 47 mmol/mol or FPG 5.5-6.9mmol/l) offer an NDPP referral
- Consider undertaking a search for eligible patients in your practice who haven't already been referred. This search is available on Ardens. Or ask [Elizabeth Friend](#), programme manager for NDPP HIOW, for advice on how to perform this. **NDH is now part of the QoF so you may be undertaking this search anyway.**
- Don't forget that the NDPP is delivered via telephone, video calls or digitally during the day but also on evenings and weekends. The sessions can be in English, Hindi or Urdu and British Sign Language, **so please do continue to refer all patients, even if their first language is not English.**
- Don't forget to **check Hba1c in patients with a history of gestational diabetes.** A search is available on Ardens.

National guidance now suggests that we take extra care with patients who are aged over 80 to help make sure the risk / benefit is favourable. The referral form will be changing to reflect this.

Finally, don't forget (if you haven't already) to encourage all patients living with any type of diabetes to get both vaccines against COVID-19 - it could be lifesaving.

Dr Paul O'Halloran

Diabetes Clinical Lead, Hampshire and Isle of Wight Integrated Care System

Contents

Requires action

[Call for retired health workers to support COVID-19 vaccination programme](#)

[Survey - final call for feedback to support communications](#)

[COVID-19 exemption from contact isolation for fully vaccinated staff in exceptional circumstances](#)

[Encouraging pregnant women to have the COVID-19 vaccination](#)

Resources and training

[Revamp of GP Portal with dedicated training page](#)

[Grab a Jab social media assets](#)

[Stay well this summer materials](#)

[How to submit a story for the bulletin - we want your news!](#)

For information

[Phase 3 COVID-19 vaccination programme FAQs for GPs](#)

[NHS Wessex Cancer Alliance update bulletin - issue 46, July 26, 2021](#)

[GPSI in eating disorder job opportunity](#)

Call for retired health workers to support COVID-19 vaccination programme



The roll-out of the COVID-19 vaccination programme continues to be an enormous success – with more than 2m doses delivered across the Hampshire and Isle of Wight ICS footprint to date.

Thank you for all you continue to do to support the local delivery of this lifesaving programme. We are incredibly grateful for your efforts, and those of all colleagues, partners and volunteers working over and above their normal jobs and lives.

We continue to do all we can to encourage everyone eligible to take up the offer of a vaccine as soon as possible, but as you know, there are still some of our population who are yet to receive the jab. Second doses will follow, and boosters will need to be delivered

in the autumn to some groups. This means that there is still a lot of work to do, and we need to relieve the existing workforce to give them a rest, allowing them to return to their normal duties.

It is for this reason that we are appealing to our former colleagues who worked as GPs or Registered Healthcare Professionals in primary care and who have recently retired, to join a flexible pool.

If you are aware of a retired GP or Registered Healthcare Professional who may wish to support with the vaccination programme, then are you kindly able to reach out to them with the below information?

If you are interested in supporting the programme, and **you are on the GP Performers list**, you are invited to [complete an expression of interest](#).

If you are interested in supporting the programme, and **you are a Registered Healthcare Professional (not a GP)**, you are invited to [complete an expression of interest](#).

There are specific national eLearning for Health Covid vaccine modules that need to be completed, and a short face-to-face practical session for those who have not previously given vaccinations and immunisations (or have not regularly done so over the past 12 months).

Any of the statutory and mandatory training completed before retirement will be reviewed and if it is still in date can be transferred.

Once registration and necessary training modules are completed, access will be given to all available shifts via the NHS Professionals online platform, which allows self-select shifts to fit with existing commitments and lifestyle.

Survey - final call for feedback to support communications



The Hampshire, Southampton and Isle of Wight Clinical Commissioning Group's Communications and Engagement team wants to hear from you!

We want to ensure communications resources are coming to you in a timely way and we cover the key topics you are faced with.

We want to know what help is valued by you, what additional support is needed and what communications channels you have, so that we can support in the best way possible.

This is a final call to ask for practice manager and team feedback. [A new survey link is available](#) - it will only take a few minutes to complete.

The insight is invaluable in helping us to ensure we are supporting you to address the communications challenges you face.

Thank you for all that you do and your feedback so far.

**COVID-19 exemption from contact isolation
for fully vaccinated staff in exceptional**

circumstances



Information is available for our primary care staff on COVID-19 exemption from contact isolation for fully vaccinated health and social care staff in exceptional circumstances.

The [Primary Care and Clinical Commissioning Group Protocol](#) document provides a comprehensive summary of what to do, if a colleague tests positive for COVID-19, including a risk assessment form.

Encouraging pregnant women to have the COVID-19 vaccination



The following documents have been shared, supporting work carried out in primary care to encourage pregnant women to have both doses of the COVID-19 vaccination.

It can support practices with information to have positive conversations with patients who may be pregnant or have just given birth:

- [FAQ document](#)
- [Combined information and decision aid sheet](#)
- [Coronavirus COVID-19 vaccination in pregnancy](#)

Revamp of GP Portal with dedicated training page



Training
opportunities



Communications



Previous
bulletins



GP Fellowship
Programme

The GP Portal has been updated with new features to help colleagues find information and support more quickly.

The [homepage of the portal](#) has been refreshed, and you will now see some updated quick-links.

A dedicated page for training opportunities has been created, where all courses and training webinars offered will be listed. Please do take a look at the training opportunities available.

There is also now a dedicated button which provides you with a quick-link to the full resource of communications support available.

Grab a Job social media assets



A fresh set of social media assets to support your COVID-19 walk-in vaccination clinics are available for download and use.

There is a [combination of still images and short videos](#) which you can use to promote your clinics.

We also have a dedicated [Hampshire, Southampton and Isle of Wight CCG page](#) which lists all walk-in clinics taking place across the Hampshire, Southampton, Portsmouth and Isle of Wight area.

This link is shared widely with media partners and partner organisations to help promote the clinics.

To include your clinic, please email across the date, location, times, and type of vaccine clinic you are running (e.g. first dose Pfizer) to the communications team.

Stay Well This Summer guide



Primary care colleagues are welcome to use and promote our Stay Well This Summer guide.

The guide has information about the full range of healthcare help available, including a reminder about self-care.

There is also a Twitter and combined Facebook and Instagram image you can download and use to promote the guide on your social media.

How to submit a story for the bulletin - we

want your news!



Welcome to our new-look bulletin - we hope you are finding it useful!

If you have any content you would like to see included in Primary Care Connect then we would love to hear from you.

When you submit a story please provide the following:

- **A short headline**
- **A few paragraphs to say what the story is**
- **Clearly include any links or documents that accompany the piece**
- **A suitable image or a suggestion of the type of image to go with the piece**

Deadline for content is **midday Tuesday**. Items submitted after this will be considered as to whether it needs to be included in the following day's bulletin, or if it can be held for an extra week.

Please send content to hsiccg.gportal@nhs.net

Primary Care Connect Portal

Wessex LMC

NHS England bulletin



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