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# Primary Care Connect

THE WEEKLY PRIMARY CARE UPDATE FOR  
HAMPSHIRE AND THE ISLE OF WIGHT

Issue 24 | 10 November 2021

Dear colleagues,

Next week is World Antibiotic Awareness Week and as professionals we are all aware of the effects of over-prescribing antibiotics. The week helps to serve as a reminder among healthcare professionals that there is another silent pandemic that is unfolding around us.

We have seen with COVID-19, what a world without an effective anti-infective agent looks like and now that is happening with antibiotics. The antibiotics we have relied upon for decades are no longer working for common infections, which is why we are being cautious about how often and when they are prescribed.

Ahead of the awareness week, I wanted to share three



1. Please reduce your prescribing of antibiotics, especially in young children under five years of age with self-limiting respiratory tract infections such as acute otitis media, sore throat or chest infections. Routinely prescribing antibiotics can lead to antimicrobial resistance and also encourages parents to re-consult next time their child has a respiratory tract infection.
2. Please reduce your prescribing of the broad spectrum antibiotics especially co-amoxiclav and limit its use to the few first/ second-line indications recommended in the [SCAN guidelines \(accessible through Microguide\)](#).
3. Do not prescribe trimethoprim empirically for urinary tract infections to patients aged over 65. Please prescribe it only after laboratory culture shows the organism is sensitive to the antibiotic.

In addition we are also creating short talking head videos of some of our GPs, medicines management teams and healthcare professionals who are making a pledge to [become an antibiotic guardian](#).

By taking these steps we can definitely do our part to reduce antimicrobial resistance and help give patients appropriate advice and treatment, so that antibiotics are given when needed so they can be most effective.

**Dr Alastair Bateman**

**Prescribing lead – South East Hampshire**

**Hampshire, Southampton and Isle of Wight Clinical Commissioning Group**

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## Contents

### For action

[Deadline for online consultation procurement decision needed](#)

[Attend a virtual cardiovascular and hypertension webinar](#)

### Resources and training

[Social media assets promoting practice appointments given in September](#)

[Looking After You coaching opportunity](#)

[How to submit a story for the bulletin - we want your news!](#)

## More information

[Medicines Optimisation bulletin 58](#)

# Deadline for online consultation procurement decision needed



Thank you to the Primary Care Network Clinical Directors who have responded to the online consultations procurement decision.

This is a final reminder that decisions need to be indicated by **Friday November 12**.

The [remote consultations page on the GP portal](#) includes the following documents for you to read, along with a link to view a webinar:

- Online consultation procurement presentation slides
- Online consultation pre-webinar slide pack
- Frequently asked questions document

You can also take a look at the following documents online:

- [Digital First Online Consultation and Video Consultation \(DFOCVC\) Framework](#)
- [Provider demonstrations](#)

If you have any questions or comments, or if you are unable to view the recording, then please contact [hsiccg.hiowocvcprocurement@nhs.net](mailto:hsiccg.hiowocvcprocurement@nhs.net)

## Attend a virtual cardiovascular and hypertension webinar



A virtual webinar is being hosted to help Primary Care Networks (PCNs) with the cardiovascular Directed Enhanced Service (DES) and 2021/22 Hypertension Quality and Outcomes Framework (QOF).

The event is being hosted by the South East Cardiovascular (CVD) Prevention Team and supported by the British Heart Foundation and Kent, Surrey and Sussex Academic Health Science Network.

It is open to the six Integrated Care Systems across the south east region, to a CVD representative from each PCN, which doesn't need to be a clinician.

The aim for the outcomes of the event are:

- Agree on actions for the South East CVD Prevention team to support you
- Introduce and connect PCNs and identified CVD leads with the network of people already working across our ICSs and region
- Establish network links allowing collaborations and set priorities going forward

The event takes place on Tuesday November 30, from 9.30am to 1pm. [You can register online](#) and a Teams link to join the meeting will be shared with all those who have registered closer to the time.

The total number of attendees who can register is 125 people, however the event will be recorded and a link shared after the event.

If you have any case studies on hypertension or CVD then please email them to the event organisers [via this online form](#) before November 30.

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## **Social media assets promoting practice appointments given in September**



**In September Hampshire and Isle  
of Wight GP practices gave**

**895,534**

**appointments**

**compared to 700,543 in September 2019**

Each month NHS Digital releases a number of statistics related to [GP practice appointment data](#).

The communications and engagement team have created these interactive social media assets highlighting a range of data for across Hampshire and the Isle of Wight. The latest figures released relate to September 2021.

These assets have been shared on the Hampshire, Southampton and Isle of Wight CCG social media feeds, and are [available for you to download and use too](#).

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**Looking After You coaching opportunity**

[www.england.nhs.uk/lookingafteryou](http://www.england.nhs.uk/lookingafteryou)



NHS England and Improvement has launched Looking After Your Career which is a new coaching service for anyone working in primary care.

Coaches are on hand to support people take practical steps over career direction and to proactively advance it. Conversations may include:

- exploring future career pathways
- preparing for interviews and opportunities
- developing more meaning or purpose in current roles.

This offer is part of the 'Looking After You' coaching series, which includes individual wellbeing support and a service for those who lead and manage teams.

To find out more take a [look at this information poster](#) or visit the [Looking After Your Career website](#).

**How to submit a story for the bulletin - we  
want your news!**



Welcome to our new-look bulletin - we hope you are finding it useful!

If you have any content you would like to see included in Primary Care Connect then we would love to hear from you.

When you submit a story please provide the following:

- **A short headline**
- **A few paragraphs to say what the story is**
- **Clearly include any links or documents that accompany the piece**
- **A suitable image or a suggestion of the type of image to go with the piece**

Deadline for content is **midday Tuesday**. Items submitted after this will be considered as to whether it needs to be included in the following day's bulletin, or if it can be held for an extra week.

Please send content to [hsiccg.gpportal@nhs.net](mailto:hsiccg.gpportal@nhs.net)

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**Primary Care Connect Portal**



Wessex LMC

NHS England bulletin



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