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# Primary Care Connect

THE WEEKLY PRIMARY CARE UPDATE FOR  
HAMPSHIRE AND THE ISLE OF WIGHT

Issue 32 | 12 January 2022

Dear colleagues,

As we enter 2022, I want to thank you for the phenomenal effort you're putting into the COVID-19 booster programme and your ongoing adaptability in this pandemic.

Our workforce faces huge challenges in 2022 - dealing with the usual winter pressures and working differently to reach the people who are not accessing or receiving the care they need.

We better understand the value of meaningful data and the benefits of working in a culture of learning and quality improvement. Our determination to plan and integrated better could prevent many of the problems we face as a health and care service.



working. We can only achieve this together.

**Best wishes**

**Dr Nicola Decker, Clinical Leader**

**Hampshire Southampton and Isle of Wight CCG, working with Portsmouth as we become an Integrated Care System**

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**Rule change for ordering COVID-19 PCR test  
kits**



The [UK Health Security Agency](#) has updated its [guidance](#) temporarily suspending PCR tests for positive lateral flow test results.

Since yesterday (11 January) in England, people who receive a positive Lateral Flow Test (LFT) for COVID-19 will be required to self-isolate immediately and won't be required to take a confirmatory PCR test.

[You still need to report your result via GOV.UK.](#)

This is a temporary measure while COVID-19 rates remain high across the UK. While levels of COVID-19 are high, the vast majority of people with positive LFT results can be confident that they have COVID-19.

Lateral flow tests are taken by people who do not have COVID-19 symptoms. Anyone who develops one of the three main COVID-19 symptoms should stay at home and self-isolate and take a PCR test. They must self-isolate if they get a positive test result, even if they have had a recent negative lateral flow test - these rules have not changed.

Please use the [national system](#) to order a Lateral Flow Test (LFT).

If you have a critical shortage of LFTs (will impact service delivery in 48 hours or sooner), contact your CCG primary care lead with the below information:

- Name of organisation
- Ability to collect – collection is preferred due to constraints in ability to deliver
- Full address and delivery details
- Key point of contact and contact details

- Number of tests required (one week supply)
- Delivery restrictions (if any), including possible delivery times

Primary care leads are able to arrange access to a small amount of contingency stock, so please only use this if absolutely necessary:

Isle of Wight - [hsiccg.iowprimarycare@nhs.net](mailto:hsiccg.iowprimarycare@nhs.net)

South East Hampshire - [fg-sehccg.primarycare@nhs.net](mailto:fg-sehccg.primarycare@nhs.net)

Portsmouth - [PCCG.primarycare@nhs.net](mailto:PCCG.primarycare@nhs.net)

South West Hampshire - [hsiccg.sw.primarycare@nhs.net](mailto:hsiccg.sw.primarycare@nhs.net)

Southampton - [hsiccg.pccommissioning@nhs.net](mailto:hsiccg.pccommissioning@nhs.net)

North and Mid Hampshire - [hsiccg.nm.primarycare@nhs.net](mailto:hsiccg.nm.primarycare@nhs.net)

You can [order a PCR test/see what sites are available to book](#) a test via the national booking system. The site is refreshed with new information every 30 minutes so please keep trying if you are unable to book on your first attempt.

If you are really struggling to book a PCR test online and it is mission critical, then please contact your local primary care team on the above details for further support.

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## **Moving across to cloud-based telephony in practices**



Significant funding is being provided to practices within the Hampshire and Isle of Wight Integrated Care System footprint to provide improved and more resilient telephone access by moving to modern hosted cloud-based systems.

These systems will provide improved capacity and functionality; bringing many benefits to both patients and staff.

Practices will be contacted directly with further details in due course which will include information regarding any potential retrospective funding.

Any practice with an urgent need to move system or that is currently in discussion with suppliers should contact the Digital Primary Care Team via [hsiccg.dpc@nhs.net](mailto:hsiccg.dpc@nhs.net)

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**Series of winter wellness and health and wellbeing sessions available**



## Look after you this winter.

Join us online for a series of health & wellbeing sessions to help you stay well.

To book, visit The People Portal:  
[hiowpeople.nhs.uk/ccc/hiow](http://hiowpeople.nhs.uk/ccc/hiow)



A series of online health and wellbeing sessions to help NHS and primary care colleagues stay well this winter began this week.

As part of its Winter Wellness campaign, the Hampshire and Isle of Wight (HIOW) Health and Wellbeing team will host healthy cooking classes, live yoga sessions and talks on how to eat, sleep and exercise well over two weeks from 10 January to 21 January.

Hilary Todd, Programme Director of the HIOW Health and Wellbeing programme, said: "We know this is a difficult and testing time and that these events won't solve the enormous pressure staff are facing.

"The sessions may offer a bit of respite and some light information, techniques and new skills which can have a positive effect on wellbeing. All sessions will be recorded - so no pressure to attend on the allotted time slots but people are more than welcome if they can."

You can view the [timetable of events planned](#) or for more details visit the [HIOW People website](#).

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**How to submit a story for the bulletin - we  
want your news!**





If you have any content you would like to see included in Primary Care Connect then we would love to hear from you.

When you submit a story please provide the following:

- **A short headline**
- **A few paragraphs to say what the story is**
- **Clearly include any links or documents that accompany the piece**
- **A suitable image or a suggestion of the type of image to go with the piece**

Deadline for content is **midday Tuesday**. Items submitted after this will be considered as to whether it needs to be included in the following day's bulletin, or if it can be held for an extra week.

Please send content to [hsiccg.gpportal@nhs.net](mailto:hsiccg.gpportal@nhs.net)

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**Primary Care Connect Portal**

**Wessex LMC**

## NHS England bulletin



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